|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 2B: ½ slice ww french toast, ½ c orange slices, ¾ c milkS. ½ cheese stick, 5 Ritz crackers L: 1 ½ oz oz ground turkey Curry, ¼ c potatoes & carrots, ¼ c brown rice, ¼ c pineapple, ¾ c milk, S. ½ c milk & ½ c banana | 3B: ¾ c Greek yogurt with granola, ½ c pineapple, ¾ c milkS: 5 wheat thins, ½ c orangeL: Chili with 1 ½ oz ground turkey & beans, ¼ c brown rice, ¼ toss salad, ¼ c fruit cocktail, ¾ c milk S. 1/2 c Cheerios, ½ c milk | 4B: ww waffles ½ c berries, ¾ c milkS: ½ c fruit smoothie & 8 mini pretzelsL: ¼ c Macaroni & ½ oz cheese w/ 1 oz ground turkey & ¼ c mixed vegetables, ¼ c peaches, ¾ c milk S. 5 Triscuits & ½ c milkMac & Cheese | 5B: ½ slice enriched bagel, ½ c pears, ¾ c milkS: 1 tbsp peanut butter & ½ c applesL: 1 ½ oz Mexican chicken, ¼ c brown rice, ¼ c green beans, ¼ c tropical fruit, ¾ c milkS. ½ cheese stick, 6 sm multigrain crackers | 6B: 1/3 c frosted mini wheats cereal, ½ c bananas, ¾ c milkS. 1/8 c bean dip & 5 wheat thins L: ½ ww slice bread, 1 tbsp peanut butter & jelly sandwich, ¼ c carrot sticks, ½ oz cheese stick, ¼ c mandarin oranges, ¾ c milkS. 4 multi grain cracker ½ c milk |
| 9B: ½ slice ww toast w scrambled eggs, ½ c tropical fruit mix, ¾ c milkS: ½ c oranges, 5 Ritz crackersL: BBQ 1 ½ oz Chicken, ½ c pesto w/ ¼ c enriched pasta, ¼ c green beans, ¼ c fruit cocktail, ¾ c milkS: 6 sm multigrain crackers, ½ cheese stick | 10B: ½ slice ww French toast, ½ c banana, ¾ c milkS: ½ c fruit smoothie & 5 wheat thinsL: ¼ c Enriched spaghetti w/ 1 ½ oz ground turkey, sauce, ¼ c toss salad, ¼ c peaches, ¾ c milkS: ½ c Kix cereal & ½ c milk: | 11B: ¾ c Fage Greek yogurt with ¼ c granola, ½ c mandarin oranges, ¾ c milkS. 8 mini pretzel & ½ c milkL: 1 ½ oz Teri chicken, ½ c brown rice, ¼ c peas, ¼ c tropical fruitl, ¾ c milkS: 1/8 c refried beans & 10 tortilla chips | 12B: ½ slice enriched bagel, ½ c banana, ¾ c milkS: ½ c apples, 1 tbsp peanut butterL: 1 ½ oz Ground Turkey Sloppy Joe on a ww roll ¼ c corn, ¼ c pineapple, ¾ c milkS. ½ c milk & 5 lg triscuit crackers | 13B: 1/3 c corn Chex cereal, ½ c berries, ¾ c ilkS. 4 square soda cracker & ½ c melonL: 1 ½ oz Tuna on ww roll w/ ¼ c lettuce & 5 carrot sticks, ¼ c pears, ¾ c milkS. ½ c milk & 5 wheat thin crackers |
| NO | SCHOOL | SPRING | BREAK |  |
| 23B: ½ slice enriched English muffin,  ½ c oranges, ¾ c milkS: 8 mini pretzels & ½ apple juiceL: 1 ½ oz Chicken, ¼ c pasta pesto, mix veggies, ¼ c fruit cocktail, ¾ c milkS: ½ cheese stick, 5 Ritz crackersChicken Pasta Pesto | 24B: ¾ c Greek yogurt with granola ½ c mixed berries, ¾ c milk S: 5 wheat thins, ¼ c hummusL: 1 ½ oz Teriyaki turkey meatballs, ¼ c peas, ¼ c quinoa, ¼ c pineapple, ¾ c milkS. ½ c milk & ½ c banana | 25B: , ½ slice ww toast w/ scrambled eggs, ½ c melon, ¾ c milkS: ½ c oranges, 2 lg multigrain crackersL: ¼ c Enriched spaghetti w/ 1 ½ oz ground turkey, sauce, ¼ c toss salad ¼ c pineapple, ¾ c milkS. ½ c milk, 5 Triscuit crackers | 26NO SCHOOLKUHIO DAY | 27B: 1/3 c rice Chex cereal,  ½ c apples, ¾ c Milk S.5 wheat thins & ½ c banana L:1 Egg salad sandwich on ww bread, ¼ c 3 celery & 3 carrot sticks, ¼ c mandarin oranges, ¾ c milkS. cheese quesadilla on enriched flour tortilla |
| 30B: ½ slice ww toast with scrambled eggs, ½ c cantaloupe, ¾ c milkS. ½ c apple juice & 5 Ritz crackersL. Taco salad with 1 ½ oz ground turkey, cheese, corn tortilla chips, ¼ c lettuce & tomato, ¼ c pineapple, ¾ c milkS. ½ cheese stick, 5 multigrain crackers | 31B: ww pancakes, ½ c berries, ¾ c milk S: ½ c milk & 6 carrot sticksL: Casserole with 1 ½ oz chicken, ¼ c broccoli, & ¼ c brown rice, ¼ c fruit cocktail, ¾ c milkS: 1/8 c refried beans & 10 tortilla chips |  | **NOTE\***MARCH 13TH PARENT ADVISORY WORKSHOP |  |

**MARCH**

Menu is subject to change due to availability of items and seasonality of items.

“USDA is an equal opportunity employer and provider”

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